

**It's not always easy to get people to listen to you. But if your voice is not heard, you might lose out.**

**If you have problems**

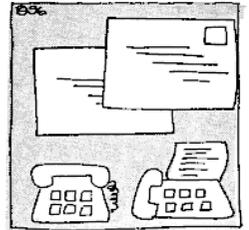
- at home
- at your day service
- in the community
- with bullying



**An advocate may be able to help you.**

**Advocate gets to know you as a friend would. They can speak up for you at meetings and at other times.**

## **CONTACT US**



**If you would like an advocate to help you, please phone. 01305 251033 Or send off the slip below:**

**Your name.....**

**Your address.....**

.....

.....

.....

**Your Telephone No.....**

**I would like an advocate to help me**

# WHAT NEXT?

After we hear from you, we will come and see you and find out if an advocate can help you.



We cannot help everyone, but we will always listen to you.



Affix  
Stamp  
Here



MEETING



SPEAKING

Dorset Advocacy  
Suite 1  
3 Princes ST  
Dorchester  
Dorset  
DT1 1TP



LISTENING



SUPPORT

